

**Features:**

Cossall is a picturesque, relatively unspoiled village on the Nottingham canal, four miles south-east of Eastwood.

- Architecturally interesting. See St. Catherine's church and church cottage as featured in DH Lawrence's *The Rainbow* and home of Lawrence's fiancée.
- Canal towpath with many wild flower species and a haven for butterflies, dragonflies and damselflies.

**Opening Times:**

- This route-based canal walk has open access

**Location:**

- Main car park is on Dead Lane.  
O.S. Street Atlas ref: page 170, B4. 158 B1.
- Buses: telephone the traveline: on 0870 608 2608

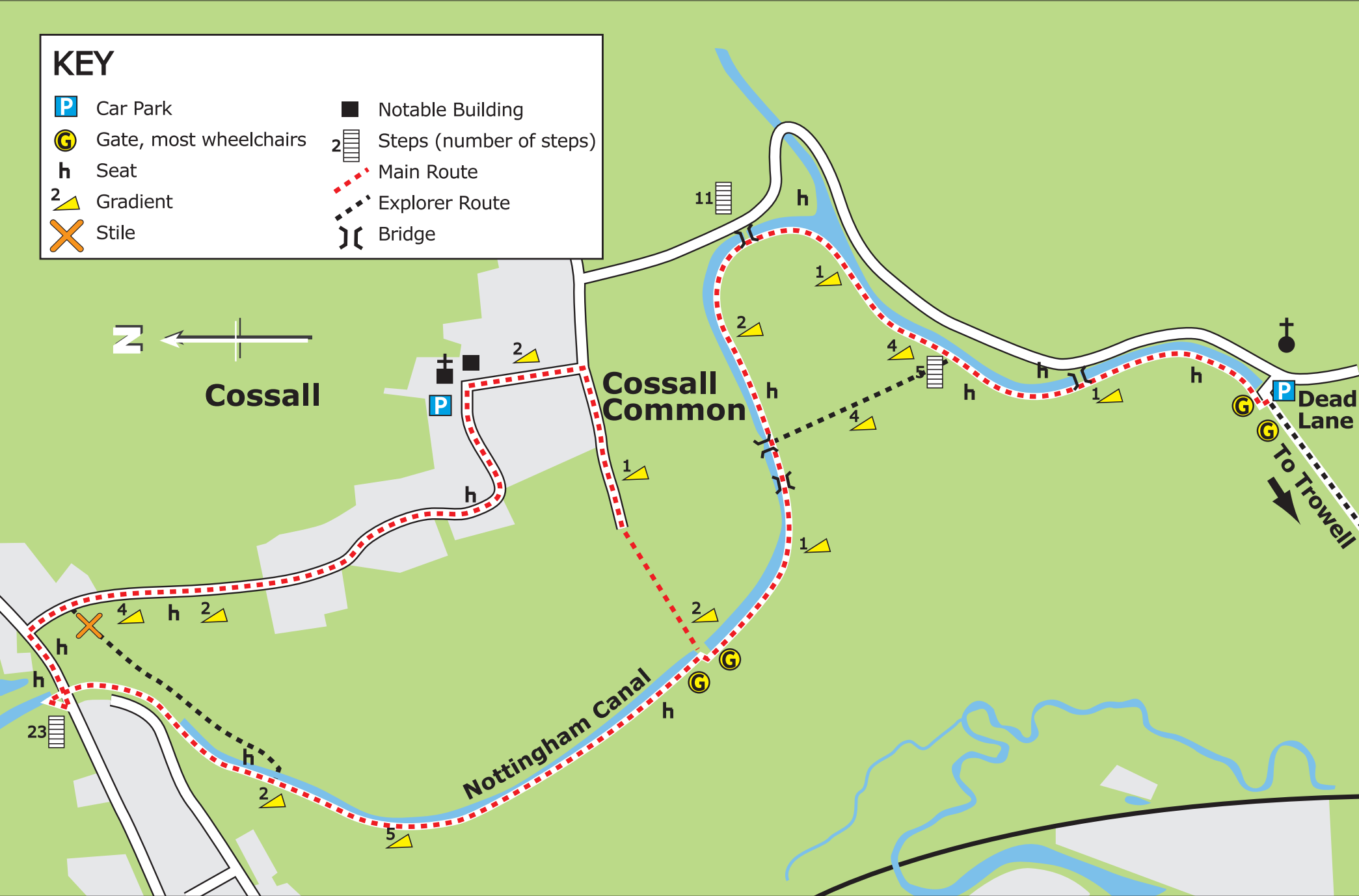
**Paths and gates:**

- Paths along the canal are compacted stone (**B**) and are mostly level except for one section to the north which is steeper.
- The walk along the canal is accessible by wheelchairs and scooters but stiles and steps restrict access to the village.
- There is a car park in the village, which is accessible, but beware of sharp bends in the road. Some pavements stop abruptly.
- Gates are marked with a (**G**)
- Cossall is linked to another Break Free 2 route at Trowell, however the link is not suitable for wheelchairs.

# Greenwood

## Walks 2





**Features:**

A network of short paths on open space, mainly grass with new tree planting. Steeper access to the Nottingham canal.

- Nearby garden centre with car parking (no wheelchair access from path).

**Opening Times:**

- This route-based walk has open access.

**Location:**

- Main car park is off Pit Lane on Trowell Road (A6007). O.S. Street Atlas ref: page 170, C1 & C2.
- Buses: telephone the traveline: on 0870 608 2608 or visit [www.traveline.org.uk](http://www.traveline.org.uk)

**Paths and gates:**

- Paths are made of compacted stone (B) and are suitable for most wheelchairs and scooters.
- Most of the paths are level except for a steep ramp which links the open space network of footpaths to the canal.
- There is a set of 45 steps to the east of the route which may make completing this section difficult.
- Entry gate at the car park is indicated by (G).
- There is plenty of seating along the canal.
- There are many explorer routes to a well-wooded area and the garden centre.

# Greenwood

## *Walks 2*







**Features:**

A pleasant walk of approximately 2 miles along the River Trent in Burton Joyce, a busy village close to Nottingham.

- The walk features a pocket park with seating.
- Another Break Free 2 Route, Colwick Country Park, is close by.

**Opening Times:**

- This route based walk has open access.

**Location:**

- The main car park is off Stoke Lane. O.S. Street Atlas ref: page 163 F1, 2.
- Buses: telephone the traveline: on 0870 608 2608 or visit [www.traveline.org.uk](http://www.traveline.org.uk)
- The nearest railway station is at Burton Joyce on the Newark to Nottingham line. Tel: 0845 748 4950 for train information and 08457 056027 for access information.

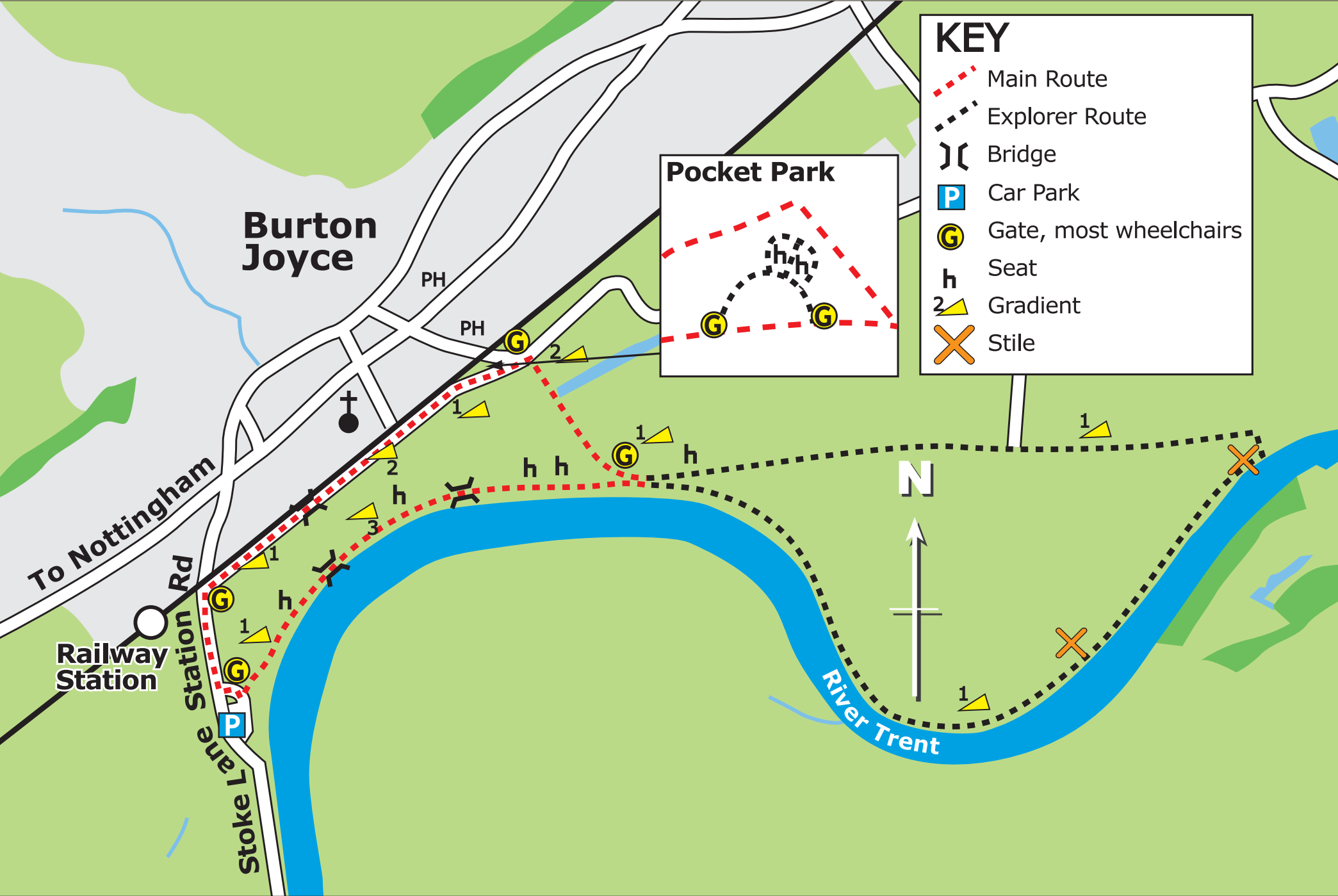
**Paths and gates:**

- Paths are mostly level and grassy (**B**) but take care crossing bridges which are uneven and eroded. The path adjacent to the railway line are paved and suitable for wheelchairs.
- Gates are marked (**G**), use the Radar key scheme, and are easily opened.
- A stile along the river and flooding from time to time prevents access by wheelchairs at this point.

# Greenwood

## *Walks 2*





**Features:** To the north of Nottingham adjacent to Bestwood Country Park (see Break Free walk pack 1).

- Beautiful lakes feature a wide range of birds and wildlife.
- Places to picnic and feed the ducks
- On site Ranger service telephone 0115 927 3674.

**Opening Times:**

- Mill Lakes has open access.
- Car parks close at 5.00pm.

**Location:**

- Car park at Wigwam Lane or Bestwood Park Road, Bestwood village, where the route is not accessible by wheelchair.
- Toilets are located at Alexandra Lodge and Bestwood Lodge Drive at Bestwood Country Park which is quite a distance.
- O.S. Street Atlas Page 146 B2.
- Buses: telephone the traveline: on 0870 608 2608 or visit [www.traveline.org.uk](http://www.traveline.org.uk)
- Nearest railway station is Hucknall, access from Wigwam Lane. Telephone 0845 748 4950 for train information and 0845 7056027 for access information.

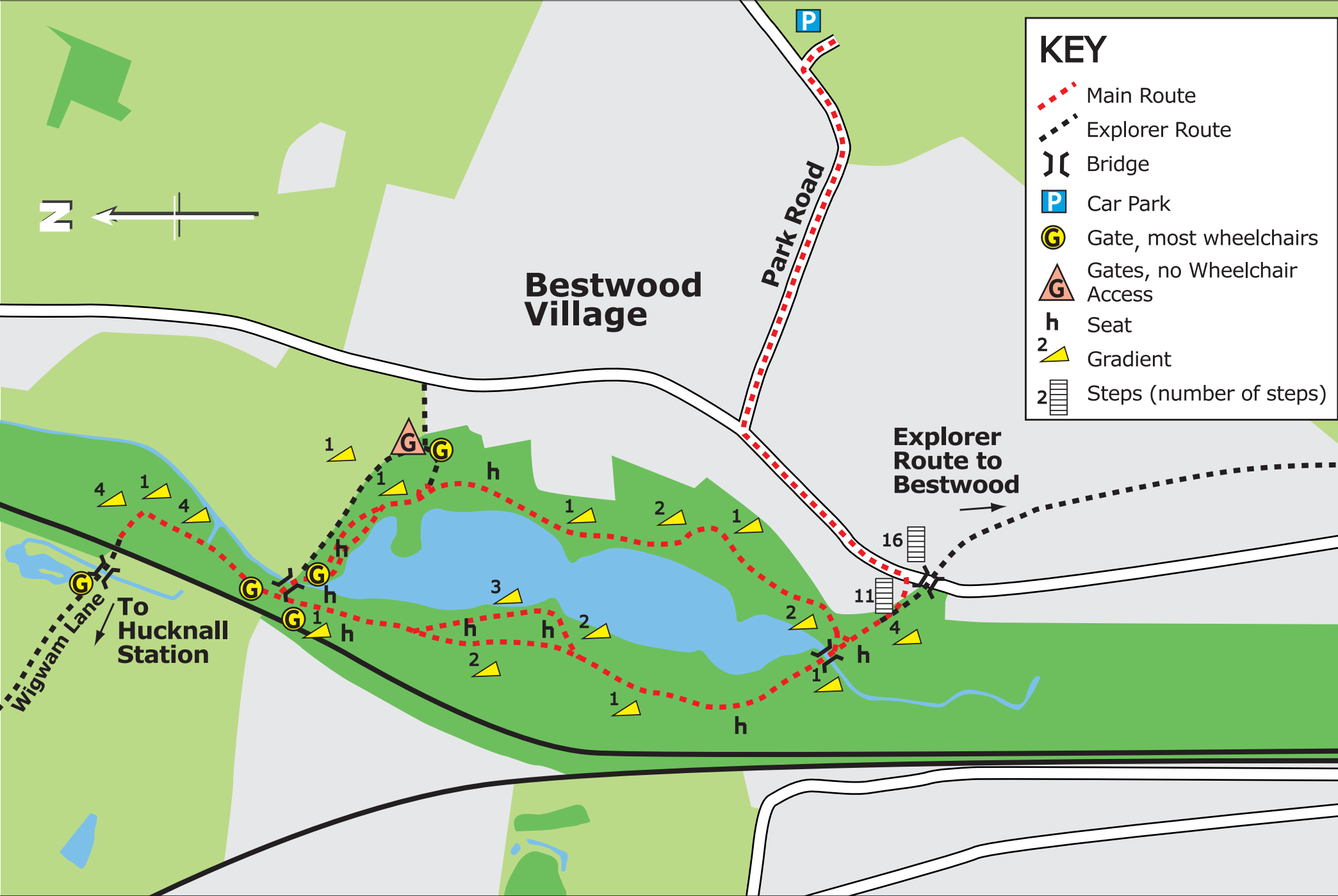
**Paths and gates:**

- Most paths are made of compacted stone (B) and mostly level (2)
- There are many seats provided along the paths but no shelter.
- Some gates may be tight for larger wheelchairs and scooters and surfaces at gates have been eroded.

# Greenwood

## Walks 2







**Features:** An extremely picturesque woodland walk of between 1 and 3½ miles with spectacular views to Newstead and Hucknall from Linby Tip, which involves a steep but rewarding climb. Begin at Newstead for a more rural walk, but Hucknall has more facilities including a market on Thursdays.

### Opening Times:

- This route based walk has open access.

### Location:

- You may wish to use the Robin Hood Railway Line as this walk runs between the two railway stations of Newstead and Hucknall (which also links to Mill Lakes and Bestwood Country Park, two further Break Free walks). Tel 0845 748 4950 for train information and 0845 7056027 for access information.
- Car parks are located at both Newstead and Hucknall stations and also off Station Road, Hucknall, and Hucknall Market Place (not Thursday).
- O.S. Street Atlas Page 130 C3 and 146 A4.
- Buses: telephone the traveline: on 0870 608 2608.

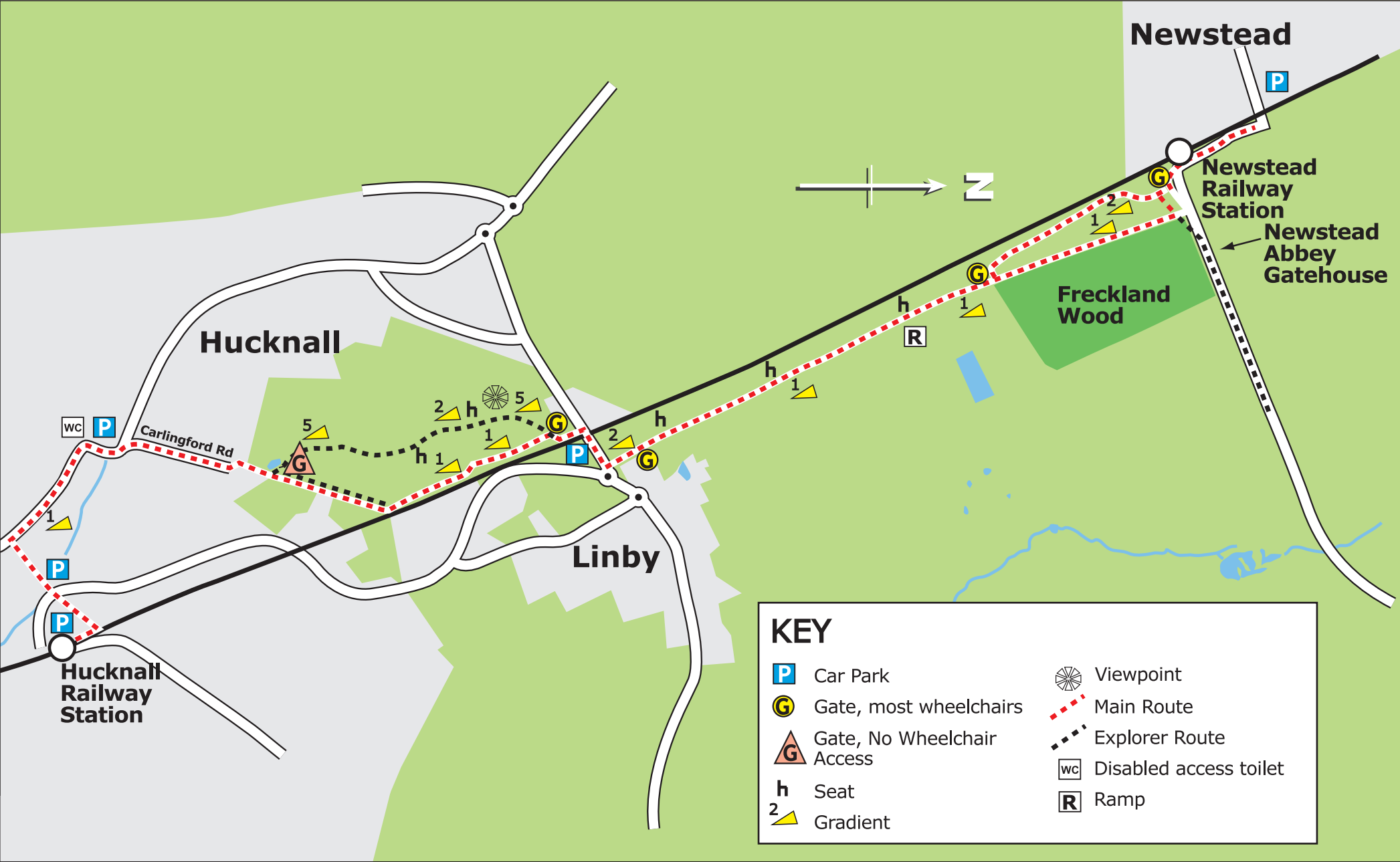
### Paths and gates:

- Paths are generally level but beware of steep ramp indicated by the gradient (4) symbol.
- The surface of the paths is generally good (B).

# Greenwood

## Walks 2





**Features:** Located on the outskirts of Nottingham and set in 250 acres of woodland and grassland with open water.

- Colwick marina has access to the River Trent.
- Rich diversity of wildlife particularly butterflies and dragonflies. Large numbers of birds visit the lake.
- Colwick Hall is a fine example of Georgian architecture.

**Opening Times:**

- Open access to the park, however open access by car is limited to the main car park as there is a barrier to other car parks which closes at 9.00 pm.

**Location:**

- OS Street Atlas Page 174, C2
- Buses: telephone the traveline: on 0870 608 2608.
- Train: The nearest station is Colwick. Telephone 0845 748 4950 for details.
- The main car park is on River Road off Colwick Loop Road (A612). Parking is free at the main entrance car park but through the barrier there is a £1.00 charge, unless an orange badge is displayed.
- Disabled toilets are adjacent to the viewing platform to the south.

**Paths and gates:**

- Paths are made of compacted stone and are good (B).
- The paths are generally level but there is a steep ramp to the north (4).
- Gates are accessible and are marked with a (G).

# Greenwood

## Walks 2



